



Herdade da Figueirinha Almond

TIPE

100% Natural

AGRONOMY

Artur Estevão

SOIL

Clayey

CONTAINS

Natural whole almond kernels 100% Alentejo.

No sugar added. No sodium/salt added.

High fiber content. High content of Vitamin E (alpha-tocoferol).



Belona



DDR: 28 g de almond
or about 23 almond

AVERAGE NUTRITIONAL VALUES PER 100GR:

Energy - 2591 kj (619 Kcal)

Lipids - 56 g (of which 4,7 g of saturated fatty acids)

Carbohydrates - 7,2 g

Proteins - 21,6 g

Sodium - 6,0 mg